# Guise Public School

"Educating and caring for the whole child"



Eucalyptus Dr, Macquarie Fields

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# Term 1 Week 6 2018

# School Term Dates 2018

Term 1 Monday 29 January - Friday 13 April 2018 Term 2 Monday 30 April - Friday 6 July (Students return Tuesday 1 May) Term 3 Monday 23 July - Friday 28 September (Students return Tuesday 24 July) Term 4 Monday 15 October - Friday 21 December (Students finish Wednesday 19 December)

# SCHOOL CALENDAR

Thursday 8 March	St3 Girls at International Women's Day	
	STEM Event at UNSW	
Friday 16 March	Gala Day	Calendar
Wednesday 21 March	Harmony Day	caleme runson
Wednesday 28 March	Assembly	NY WEDNESDAY TH
Thursday 29 March	Easter Hat Parade	MONDAY TUESDAY WEDNESDAY THURSDAY
Friday 30 March	Good Friday	MONU
Monday 2 April	Easter Monday	6 .
Wednesday 4 April	P&C Meeting	5 3
Friday 13 April	Last Day of Term	4
TERM TWO		14 20
Monday 30 April	Staff return to school	1 0 10
Tuesday 1 May	Students return to school	1. 49
Wednesday 2 May	School Photos	

Please report trespassing on school grounds, unlawful acts and vandalism to School Security on 1300 880 021

# Principal's Report

#### P&C Committee

Yesterday the P&C held their Annual General Meeting to elect new office bearers of their committee. The new committee is as follows:

> Jaclyn Hill – President Kim Williams – Vice President Abigail Ryan – Treasurer **Unfilled** – Secretary

I am sure you will join me in congratulating these parents and will support them throughout 2018.

I would like to thank the outgoing office bearers of the 2017 P&C committee (Jaclyn Hill, Kim Williams and Nicole Vetemotu) and their P&C members who have volunteered their time and effort, working hard to ensure the year was a success. Your tireless efforts supporting the school to help improve facilities and resources are greatly appreciated.

# Zone Swimming

On Tuesday this week Chloe P from 3/4H proudly represented Guise Public School at the Zone Swimming Carnival, which was held at Macquarie Fields pool.

Chloe competed in the 50 metre Freestyle event and placed 3<sup>rd</sup> in her heat, which is a fantastic achievement. Congratulations Chloe, we are all very proud of your wonderful effort.







#### **Bike Safety**

A reminder to parents/carers that cyclists of all ages are required by law to wear a helmet whenever they ride in public places. It is the school's expectation that students travelling to and from school by bicycle will follow the law and correctly wear a helmet. Schools are obliged to notify parents/carers when a student is seen to be not wearing or incorrectly wearing a bicycle helmet when riding to or from school. The safety of your children is paramount and the school has procedures in place to reinforce these strategies in lessons during the year. It would be appreciated if you could discuss this message with your children at home.





#### **Road Safety**

Please be aware that children watch parents, carers and older siblings and follow their example. This is particularly important with road safety. Please ensure you cross the road in a safe area, preferably at the crossing, and always hold your child's hand. Also make sure that you are parking legally at all times. Our little people are so precious and we want to ensure the safety of all children.

#### Voluntary School Contribution

#### Your Chance to Win School Vouchers

While Public Schools do not ask parents to pay school fees, they are able to ask families for a voluntary contribution towards the funds used to run the school.

Voluntary contributions are used to purchase exercise books, pencils, art and craft supplies, paper and other necessities. This enables the school to purchase more teaching and learning resources to improve student outcomes.

Every voluntary contribution made will be placed in the draw to win one of 3 excellent prizes!

1st Prize: School Voucher \$100 2nd Prize: School Voucher \$50 3rd Prize: School Voucher \$20



Prizes will be drawn Term 2 Week 9, at our whole school assembly!

A note for paying your voluntary contribution has been included in this newsletter.

# Fruit Break

Fruit Break is a set time at Guise PS for students to 'refuel' on vegetables, salad and fruit and 'rehydrate' with water. Research shows that students who are not hungry and are well hydrated perform better in the classroom, show increased concentration, and are less likely to be irritable and more focused.

Please remember to send your child to school with a water bottle and some fresh fruit or vegetables so they can participate in Fruit Break each day in the classroom.



# Staff Professional Learning

Next term all Guise Public School staff will be involved in two separate 3 hour afternoon/evening professional learning sessions. The focus of the first professional learning sessions in Week 2 will be updating our mandatory CPR training and having face to face Anaphylaxis training. The second session in Week 6 of Term 2 will be focused on professional learning in Writing. These two afternoons will be in place of the last School Development Day that is scheduled at the end of Term 4.

Have a wonderful week! Megan Predl



# P&C News School Banking is on Friday



Remember, Friday is School Banking day and students should bring in their weekly deposit.

Thank you for supporting the School Banking program at Guise Public School. We would also like to thank the wonderful parents who volunteer as our School Banking Coordinators and process our banking every week.



# Deputy Principal's Report

#### **GRIP** Student Leadership Conference

On Wednesday March 7, I had the pleasure of accompanying our five school leaders, Mei-Ling, Elizabeth, Phoenix, Jenna and Rima, to the GRIP Student Leadership Conference which was held at Quaycentre, Sydney Olympic Park. Over 1000 students from across greater Sydney took part in this event.

The conference was filled with fun and interactive activities that explored the themes; Leaders are Transformers, Lead like a Strawberry not like a Watermelon, Ideas that Transform and Making a Positive Change. Our students also learned that being a student leader is not about the position or badge, but about their personal qualities, their actions and their integrity.

I would like to congratulate our student leaders on their enthusiasm, engagement and behaviour throughout the day. They represented our school with pride and I cannot wait to see how they will use what they learned to make a positive difference at our school.



#### Community Café

Our Community Café runs every Thursday from 2:15 -3:00pm. This is a great way to meet other parents, meet school staff and ask any questions you may have. We encourage all families to consider attending our Community Café, and to even bring a friend along. Community Café is held in our old school hall, where Breakfast Club operates from each morning.

#### **Breakfast Club**

Our Breakfast Club is a wonderful initiative, which is organised and ran by our own staff members, on top of their regular workload and duties. It's a great way for students to have something nutritious before starting their school day. Research shows that students who eat a healthy breakfast are more likely to stay focused and engage in their learning for longer periods of time. Please be reminded that our Breakfast Club operates daily from **8:30am - 8:50am**, which allows our teachers enough time to clean up and be ready for class.

#### Health Care Plans

We are currently in the process of completing Health Care Plans for students who identified that they had a health condition on their enrolment forms. We have sent home paperwork for identified students which needs to be completed by a doctor. If you received this paperwork, please complete it with your doctor and return it to school as soon as possible. These measures are in place to ensure the health and safety of our students.

If your child develops a health condition that may require management at school, please let us know as soon as possible so we can plan the appropriate support for your child. Thank you for your support.

#### Twitter

Our school has its own Twitter account and we use it to share many of the wonderful things that happen at our school. Please consider creating a Twitter account for yourself and following our school page using the handle @GuisePublic.



#### Jenna and Codie - off to USA for cheerleading!

Two of our students, Jenna K and Codie J, who do cheerleading for the Wests Tigers, have been selected to perform with their peers at the 2019 Disneyland Tour in the USA. To help fund this trip, the girls are looking for donations to support their dreams. If you are able to help in any way, please see the office to arrange a donation. The support of our whole school community can help their dreams come true.

I wish all families a fantastic fortnight ahead.

Mr Nathan Neilson Deputy Principal

	Upcoming	Community	Café	Sessions
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Week	Торіс		
4	No topic - tea, coffee, afternoon tea		
6	and chatting		
7	PaTCH information session		
8	No topic - tea, coffee, afternoon tea		
	and chatting		
9	Bullying/Friendship		
10	No topic - tea, coffee, afternoon tea		
10	and chatting		
11	No topic - tea, coffee, afternoon tea		
11	and chatting		

BUILTING NO WA Friday 16 March 2018 of Action against www.bullvingnoway.gov.au **Bullying and Violence** Guise Public School will be participating in the National Day of Action against bullying and violence. On Thursday the 15th March 2018, Australian schools will stand united in their

National Dav

(NDA). The National Day of Action is Australia's key anti-bullying event for schools and in 2018, schools are called to imagine a world free from bullying and share their BIG IDEAS.

communities to celebrate the eighth National Day of Action against Bullying and Violence

It can be distressing to learn that your child is being bullied.

You need to consider what you know about your child and the details of the situation to make the best decision for your child. Different approaches and strategies may be necessary for various situations and individual children.

Let your child know that you take the bullying seriously and that you can help them to report it to the school.

You should contact the school immediately if your child's safety is at risk.

# Stay calm and positive

Focus on identifying a solution with your child. Your attitude will influence your child. A confident, positive and resilient attitude can help to stop bullying from continuing.

Children can be reluctant to tell someone else about bullying. Sometimes children don't want their parents to become involved and are afraid of the consequences if they tell you and the person who is doing the bullying finds out.

# Encourage your child to talk about what happened. Tell your child that reporting the bullying is okay. Assure your child that it is NOT their fault.

It can be upsetting for you to find out your child is being bullied or that your child has been reluctant to tell you. Draw on your own networks to get support for yourself while you are helping your child.

# Discuss and practice strategies for face to face bullying

Discuss strategies with your child and set a short period of time to see if they can resolve the situation. Many students want to try to deal with the bullying themselves if they get useful tips about what to do.

If the bullying continues or increases, contact the school.

The below strategies are useful for some types of bullying. Use your judgement about their suitability for your child's situation.

For younger children, encourage them to try these strategies (if they feel safe to do so):

- ignoring the person doing the bullying
- telling them to stop, and then walking away
- pretending you don't care; act unimpressed or not bothered
- ao somewhere safe
- distracting the other person or calming the situation (e.g. agreeing in an offhand way with the bullying when they say offensive or negative things-known as 'fogging').





# Discuss how your child could behave around the other child. Explain that bullying is sometimes done just to get a reaction.

Practice with your child at home so they can use the strategies in situations they find difficult. Give feedback on whether they are getting their message across assertively and coach them until they are happy with their skills in:

- saying 'No' firmly but calmly
- standing and walking in a way that appears more confident
- deflecting the bullying with imaginary 'amour'
- giving a quick reply to surprise or disarm the other child
- using a casual response (e.g. okay, whatever) that implies that the child is not bothered

Practicing at home can help your child feel more confident about trying the strategies at school.

# Do not advise your child to fight with the other child

Fighting with the other child (as distinct from defending themselves from a physical attack) can escalate the situation, and your child will be reprimanded for their part in a fight.

# Discuss strategies for online bullying

The strategies mentioned above for responding to bullying also apply if the bullying is online. As well, you can teach your child how to be safe online, as well as supervising or limiting access to technology as appropriate to the child's age.

If your child is being bullied via electronic communication, encourage your child:

- not to respond to the message or image
- to save the evidence
- to block or delete the sender
- to report the situation to the Internet Service Provider or phone service provider; they can help you block messages or calls
- to tell other people—teachers and police if necessary.

# Report the bullying to the school

Encourage your child to talk to the teacher or other staff, e.g. Executive or principal.

Let them know that you will also report it to the school if the bullying doesn't stop after your child tries the strategies (or immediately if you think it is necessary for your child's safety).

# Seek help for your child to learn about dealing with bullying

Discuss with the school ways to help your child (and other students) to learn about problem solving, conflict resolution, social skills, developing resilience, dealing with strong emotions, handling difficult situations and people.

A child who has been bullied can be at greater risk than others of being bullied again, even when the bullying has been dealt with.





**VOLUNTARY CONTRIBUTION SCHEME 2018** 

16 February 2018

Dear Parents/Carers,

With anti-in-to-d-th-auto-

While Public Schools do not ask parents to pay school fees, they are able to ask families for a contribution towards the funds used to run the school. For this reason, we are asking parents and carers for a voluntary contribution towards the educational needs of the children at Guise Public School.

We appreciate that these times are economically challenging and for schools it is the same. Voluntary contributions are used to purchase exercise books, pencils, art and craft supplies, paper and other necessities. This enables the school to purchase more teaching and learning resources to improve student outcomes.

At Guise Public School, we are asking for a contribution of \$25.00 per child or \$50.00 per family with 2 or more children.

Receipts will be issued for all donations. Every voluntary contribution made will be in the draw to win one of 3 excellent prizes!

1<sup>st</sup> Prize: School Voucher \$100.00 2<sup>nd</sup> Prize: School Voucher \$50.00 3rd Prize: School Voucher \$20.00

#### Prizes will be drawn Term 2 Week 9 at our whole school assembly!

with anticipated thanks,
Megan Predl Principal メ
GUISE PUBLIC SCHOOL VOLUNTARY CONTRIBUTION SCHEME 2018
I enclose \$, as my voluntary contribution to Guise Public School.
NAME:(PLEASE PRINT)
ADDRESS:
PARENT/GUARDIAN ofClass: (student's name)
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CREDIT CARD PAYMENT is available online at <u>guise-p.school@det.nsw.edu.au</u> or by Eftpos at the office
GUISE PUBLIC SCHOOL
Eucalyptus Drive, Macquarie Fields NSW, 2564 T (02) 9605 4391 F (02) 9829 3975 E guise-p.school@det.nsw.edu.au www.schools.nsw.edu.au



We would love your help collecting Coles Sports for Schools for our school. Tell your friends and family to get involved as well, because the more vouchers we collect, the more sports gear our school will receive.



# How To Install Skoolbag On Your Smartphone

# For iPhone and iPad users:

- 1. Click the "App Store" icon on your Apple device.
- 2. Type your school name in the search, using suburb name will help.
- 3. You will see your school appear, click "Get" then "install".
- 4. The app is FREE to download.
- 5. When installed click "Open"
- 6. Select "OK" to receive push notifications, when asked.
- 7. Click the "More" button on the bottom right of the App, then "Setup".
- 8. Toggle on the Push Categories that are applicable for you by tapping the on/off switch.

#### For Android users:

You must first have signed up with a Google Account before installing the app.

- 1. Click the "Play Store" button on your Android Device
- 2. Click the magnifying glass icon at the top and type in your school name, using suburb name will help.
- 3. Click the school name when it appears in the search.
- 4. Click the "Install" button.
- Click "Accept" for various permissions (please note, we do not modify any of your personal data on your device).
- 6. Click "Open" when installed.
- 7. Click the "More" button on the bottom right of the App, then "Setup".
- 8. Toggle on the Push Categories that are applicable for you by tapping the on/off switch.

Please Note: Some brands of Android phones need the setting in "Notification Manager" changed to "Allow" instead of "Notify" in order for the push notifications to work. The phone must also be running at least version 4 system software to run the app.

# For Windows 81 Phone and Windows 81 or 10 device users:

- 1. Go to the Windows Store on your 81 Windows Phone or Windows 81/10 Device
- 2. Search for "Skoolbag" in the keyword app search
- 3. Install the Skoolbag app
- 4. Find your school either by using the keyword search or location service.
- 5. Click the "Pin" icon to pin the school tile to your Windows Phone home screen.
- 6. Click the "More" button on the bottom right of the App, then "Setup"
- 7. Toggle the Push Categories that are applicable to you by tapping the on/off switch.

Please Note: The Skoolbag Windows App is for 81 version Windows Phones, or Windows 81 and 10 devices.





Find out more at www.skoolbag.com.au





iPhone

iTunes

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# School Planner Term 1 2018

Term	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SAT/
One						SUN
Week	29 January	30 January	31 January	1 February	2 February	3
1	School	Years 1-6 first				4
	Development Day	Day 2017				Feb
2	5 February	6 February	7 February	8 February	9 February	10
	2018 Kinders					11
	start					Feb
3	12 February	13 February	14 February	15 February	16 February	17
			Assembly			18
	10.5.1	20.5.1	P&C Meeting	00.5.1	00.5.1	Feb
4	19 February	20 February	21 February	22 February	23 February	24
				AFL Visit at		25
5	21 Falance	27 5-6	20 5-6-00-00	Lunch	2 March	Feb 3
5	26 February	27 February	28 February	1 March Yr 5/6 Taster		3
			Yr 5/6 girls to UNSW for STEM		Gala Day	4 Mar
6	5 March	6 March	7 March	Day at JMHS 8 March	9 March	10
0	5 March	o March		yr 5/6 girls	9 March	10
			Assembly P&C AGM	STEM event at		Mar
			FOC ADM	UNSW		Mai
7	12 March	13 March	14 March	15 March	16 March	17
				National Day of	Gala Day	18
				Action against		Mar
				Bullying and		1110
				Violence		
8	19 March	20 March	21 March	22 March	23 March	24
			Harmony Day			25
						Mar
9	26 March	27 March	28 March	29 March	30 March	31
			Assembly	Easter Hat	Good Friday	1
				Parade		Apr
10	2 April	3 April	4 April	5 April	6 April	7
	Easter Monday		P&C Meeting			8
						Apr
11	9 April	10 April	11 April	12 April	13 April	14
					Last Day of Term	15
						Apr